

### Holy Baptism



17<sup>th</sup> May Poppy May Brown

### Holy Matrimony



23<sup>rd</sup> May Stuart Neal Bartlett & Krystina Claire Drivalas

### In Peace



30<sup>th</sup> April Chris Stratton  
13<sup>th</sup> May Mabel Simonsen  
18<sup>th</sup> May John Courtney

### Mothers Union

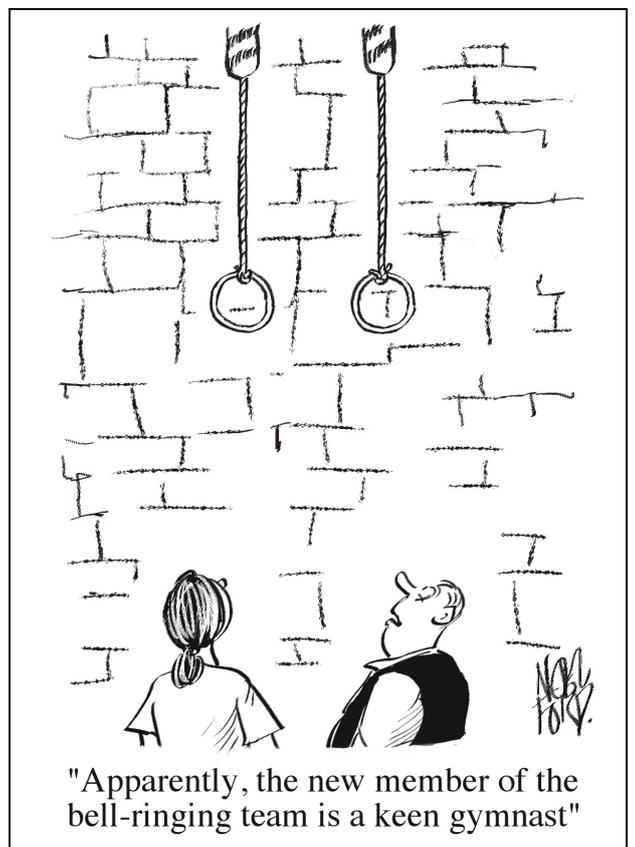
**Mon 1<sup>st</sup> June 7pm Road to Bali and Beyond**  
Andrew and Rosemary Bolton will show some slides of their Indonesian travels in the Church Meeting Room at 7pm.

**Mon 22<sup>nd</sup> June 3.00pm Wave of Prayer.**  
Our Deanery Wave of Prayer service is at Bramfield Church at 3.00pm.

**Mon 22<sup>nd</sup> June 7pm "A Nomadic Life"**  
Ian and Ann Wilson will give us a talk with slides in the Church Meeting Room about their fascinating "nomadic" life.

**Mon 6<sup>th</sup> July Festival Service Harpenden Bishop Alan**

For more details, please see either Rosemary Bolton or Ann Stephens-Jones.



### Thank you for the generous response to the Boiler Appeal

We have been able to raise £7,500 (including Gift Aid). This has gone a considerable way to covering the cost of the first boiler that we needed to replace.

The full cost of the boiler and pump was £11,124. It is now running as the number one boiler, with the older boiler operating as number two, only firing when it is very cold or as a backup. We may get away with not buying a new number two boiler

in 2015, depending on how cold it is in the fourth quarter.

If we do not switch the boilers over in January (as we have done over the years, but that was when the boilers were the same age thereby balancing the 'wear and tear') we might make the old one last another year giving us a little more time to replenish the Fabric Fund.

Either way your generosity has given us just a bit of breathing space. Thank You!



## Hertfordshire Health Walks

Hertfordshire Health Walks are free, led, local, health-focused walks happening across the county. May-August 2015 programmes are out NOW!

- ✓ Around 60 Hertfordshire Health Walks each week
- ✓ 40,000 attendances annually
- ✓ Shortest walks are 20-30 minutes on flat and even ground with plenty of stopping places; many routes are wheelchair accessible. Longest walks are 90 minutes

Hertfordshire County Council, in partnership with most District Councils, coordinates a countywide programme of walks called the Hertfordshire Health Walks. The walks are free, short and regular, providing the opportunity for people to get outdoors, increase their activity levels and reap the many benefits associated with walking. Different from other guided walks, they are led by trained and insured volunteers, and are focused foremost on improving the health and wellbeing of all who take part.

Walking can help to reduce the risk of a range of health conditions including diabetes, osteoporosis, heart disease and cancer. It's also a good way to maintain general wellbeing and helps with self-management of and rehabilitation from

various illnesses. Walking in a group is a sociable activity which helps to increase independence and confidence while combating loneliness, depression and anxiety.



There are currently over 50 walks running regularly throughout seven districts in Hertfordshire, with more planned for the near future. Each walk is graded based on duration and intensity, making them inclusive and accessible to all, regardless of age or ability. Grading ranges from the 1st Steps walks (20 to 30 minutes on even ground, with plenty of stopping places) to the Grade 4 walks (up to 90 minutes across mixed terrain).

Full details can be found at [www.hertfordshirehealthwalks.org](http://www.hertfordshirehealthwalks.org) where programmes for St Albans City & District, North Herts, East Herts, Dacorum, Hertsmere and Watford & Three Rivers can be downloaded, as well as short PowerPoint presentations for display in waiting rooms.

This year is Hertfordshire Year of Walking. PLEASE support walking in Hertfordshire by visiting [www.hertsdirect.org/walking](http://www.hertsdirect.org/walking) and signing the pledge now!

If you require any more information, please contact

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Hertfordshire County Council

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Hertfordshire Health Walks  
CMS (Car Park H)  
County Hall  
Hertford  
Herts SG13 8DN

## Young Life

The Young Life Committee is looking for members from a broader range of churches and would very much like to have a representative from All Saints Church.

We are looking for people with PR and computer skills. We would also welcome people who have fundraising ideas and/or pastoral skills to help encourage our many volunteer leaders. And of course we want folk who have a heart for the young people of Hertford.

## Oasis Cafe

At the Methodist Church in Ware Road, Hertford, we run a café.

It is very successful now, attracting Mums with small children, older folk resting on their way home from the shops, people on their coffee breaks...

Unfortunately, we are struggling to staff it and wondered if there was anyone out there with a burning urge to help!!!!

Duties are; 9-12, 11-1.30, 12-3.30. Many people do a session a fortnight.

We are mostly staffed from churches in Hertford. Our surplus monies go to charities like Street Pastors. We gave away 3K last year.

Please contact Chris Lawn on 01992 552669 or pop in and see what you think first.

## A Prayer

O, Lord,

Yours is the light,  
Which shines the way,  
Yours the footsteps,  
Which in to follow.

Mine are the eyes,  
Which will not see,

Mine are the feet,  
Which wander astray.

Yours is the heart,  
Which loves us all,  
Yours are the arms,  
Which open always.

Mine is the heart,  
Which loves not all,  
Mine are the arms,  
Which can bar the way.

Yours is the peace,  
Which freely flows,  
Yours is the truth,  
Which is shown to all.

Mine is the anger,  
Which sometimes shows,  
Mine are the lies,  
Which to some are told.

Ours is the love,  
Which we do share,  
Ours is the hope,  
Which is shown through you.

*Rachel Morgan*

### **SYRIA: The Inside Story**

**A talk and Q&A by prominent Syrian Human Rights lawyer (and wonderful speaker!)**



**Laila Alodaat.**

- What is happening in Syria?
  - Why?
    - What is life like for ordinary people?
    - What is being done to help?
      - How can we help?

Learn about the history of the current conflict and the work of peacemakers inside and outside Syria.

Hosted by the St Andrew's Peace & Justice group

**10 June, 2015, 7.30pm**

**St. Andrew's Centre**

(hall behind St Andrew's Church)