

## Shopping List Harvest 2019

Please help feed local people in crisis by buying items from our list and donating them to Hertford & District foodbank.

Thank you!

Small jars of Coffee 100g

UHT milk cartons (1 litre)

Long life Fruit juice in carton 1lt

Tinned potatoes

Instant mashed potato

Jars Chilli, Curry or Sweet & sour

cooking sauces

Tinned meat

Tinned tomatoes

Tinned peas or carrots

Tinned spaghetti

Tinned fruit

Ready mixed custard - tinned

Rice pudding - tinned

Packets of sweet biscuits

## A FEW LITTLE EXTRAS

cooking oil

Washing up liquid

Shaving foam in spray cans

Deodorant / antiperspirant

Baby wipes



