



First Sunday of Lent 26th February

Parish Communion

Introit	Purge me, O Lord – Tallis
Hymn 95	Forty days and forty nights
Genesis 2. 15-17; 3. 1-7	Diane Warburton
Psalm 32	
Romans 5. 12-19	Lisa Meakin
Hymn 205 (T260) This day God gives me	
Matthew 4. 1-11	Andrew Belfield
Sermon	Ven Janet Mackenzie
Intercessions	Leon Ajao
Hymn 96 (2 nd T) Jesu, lover of my soul	
Communion	Remember not, Lord, our offences – Purcell
Hymn 557	Praise to the Holiest in the height
Organ	Toccata: Jesu, lover of my soul – Bednall



THE NOTICES

Today	
6.30 pm	Choral Evensong
Tuesday 28th	
11.00 am	Morning Prayer on Zoom
MARCH Wednesday 1st (David)	
12 noon for 1.00 pm	Soundbites: Jeanne Mann – <i>Violin</i> Christopher Benham – <i>Piano</i>
Thursday 2nd (Chad)	
11.00 am	Morning Prayer
2.30 pm	Heath Mount School rehearsal
7.30 pm	All Saints Art
Friday 3rd (Ember Day)	
3.00 pm	World Day of Prayer service at St Joseph's.
5.30 pm	Choir Practices in Church
Saturday 4th (Ember Day)	
7.00 pm	Charity Concert – Heath Mount School
Sunday 5th	Second Sunday of Lent
10.00 am	Family Service
6.30 pm	Choral Communion

THE PRAYERS

The Sick	
Nerine Chalmers	Rev Jo Loveridge
Lucy	
The Departed	
Piotr (Peter) Bodnarski	Alan Weeks
Norman Barnard	
Year's Mind	
Leslie Geering	John Stephens
Adam Freeman	Patricia Whitaker



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HERTFORD**
All Saints Welcomes Everyone

**The Charismatic
Water Vole**



By Josh Kalms

Learn about the Water Vole and discover how Hertfordshire and Middlesex Wildlife Trusts are protecting the UK's fastest declining mammal from local extinction.

GREEN WATCH A Series of Talks on Environmental Themes

**SATURDAY 11 MARCH 2023
at 1.00pm**

**Refreshments Served from 11.30am
Light Lunches from 12noon**

• Homemade Cakes • Produce Stall • Free Admission

ALL SAINTS CHURCH - Queens Road, Hertford, Hertfordshire SG13 8AY
www.allsaighthertford.org

Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the
wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to
your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Genesis 2.15-17, 3.1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it.¹⁶And the LORD God commanded the man, 'You may freely eat of every tree of the garden;¹⁷but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

³Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?'²The woman said to the serpent, 'We may eat of the fruit of the trees in the garden;³but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' ⁴But the serpent said to the woman, 'You will not die;⁵for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.'⁶So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate.⁷Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Psalms 32

- 1 Happy the one whose transgression is forgiven, ♦
and whose sin is covered.
- 2 Happy the one to whom the Lord imputes no guilt, ♦
and in whose spirit there is no guile.
- 3 For I held my tongue; ♦ my bones wasted away
through my groaning all the day long.
- 4 Your hand was heavy upon me day and night; ♦
my moisture was dried up like the drought in summer.
- 5 Then I acknowledged my sin to you ♦
and my iniquity I did not hide.
- 6 I said, 'I will confess my transgressions to the
Lord,' ♦ and you forgave the guilt of my sin.
- 7 Therefore let all the faithful make their prayers to you
in time of trouble; ♦
in the great water flood, it shall not reach them.
- 8 You are a place for me to hide in;
you preserve me from trouble; ♦
you surround me with songs of deliverance.
- 9 'I will instruct you and teach you in the way that you
should go; ♦ I will guide you with my eye.
- 10 'Be not like horse and mule which have no
understanding; ♦ whose mouths must be held with bit
and bridle, or else they will not stay near you.'
- 11 Great tribulations remain for the wicked, ♦
but mercy embraces those who trust in the Lord.
- 12 Be glad, you righteous, and rejoice in the Lord; ♦
shout for joy, all who are true of heart.

Romans 5. 12-19

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—¹³sin was indeed in the world before the law, but sin is not reckoned when there is no law.¹⁴Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

¹⁵But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many.¹⁶And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification.¹⁷If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

¹⁸Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all.¹⁹For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Matthew 4.1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil.²He fasted for forty days and forty nights, and afterwards he was famished.³The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.'⁴But he answered, 'It is written "One does not live by bread alone, but by every word that comes from the mouth of God."' ¹

⁵Then the devil took him to the holy city and placed him on the pinnacle of the temple,⁶saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you",
and "On their hands they will bear you up,
so that you will not dash your foot against a stone."' ¹
⁷Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' ¹

⁸Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour;⁹and he said to him, 'All these I will give you, if you will fall down and worship me.'¹⁰Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' ¹
¹¹Then the devil left him, and suddenly angels came and waited on him

Post Communion Collect

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the true and
living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord